

To help lower blood sugar in adults with **type 2 diabetes** along with diet and exercise who are not at goal with oral diabetes medications

STAY ON TRACK WITH YOUR BLOOD SUGAR

Use these sheets to track your numbers

Consistently testing and tracking the blood sugar levels as discussed with your doctor can tell you and your doctor how well your type 2 diabetes treatment plan is working. Monitoring your glucose levels can help you spot trends of blood sugar levels that are too high or too low. Be sure to discuss your levels with your doctor.

WEEK OF: —/—/—	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	before	after	before	after	before	after	before	after	before	after	before	after	before	after
Breakfast														
Lunch														
Dinner														
Bedtime														

WEEK OF: —/—/—	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	before	after	before	after	before	after	before	after	before	after	before	after	before	after
Breakfast														
Lunch														
Dinner														
Bedtime														

IMPORTANT SAFETY INFORMATION

BYDUREON BCise may cause serious side effects, including:

- **POSSIBLE THYROID TUMORS, INCLUDING CANCER** Tell your healthcare provider if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In animal studies, BYDUREON and medicines that work like it caused thyroid tumors, including thyroid cancer. It is not known if BYDUREON BCise will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people
- **Do not use BYDUREON BCise if you or any of your family members have ever had MTC or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)**
- **Do not use BYDUREON BCise if you have a history of low blood platelet count from using exenatide medicines (drug-induced thrombocytopenia)**
- **Do not use BYDUREON BCise if you have had an allergic reaction to exenatide** or any of the other ingredients in BYDUREON BCise

Please see additional Important Safety Information on page 3.

Once-weekly 
BYDUREON BCise[®]
 exenatide extended-release
 injectable suspension 2 mg

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IMPORTANT SAFETY INFORMATION (cont'd)

- **Inflammation of the pancreas (pancreatitis)** Stop using BYDUREON BCise and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back
- **Low blood sugar (hypoglycemia)** Your risk for getting low blood sugar may be higher if you use BYDUREON BCise with another medicine that can cause low blood sugar, such as a sulfonylurea or insulin. Tell your healthcare provider if you take other diabetes medicines. Talk to your healthcare provider about managing low blood sugar. **Signs and symptoms of low blood sugar include** dizziness or lightheadedness, sweating, confusion or drowsiness, headache, blurred vision, slurred speech, shakiness, fast heartbeat, anxiety, irritability, mood changes, hunger, weakness, or feeling jittery
- **Kidney problems** Tell your healthcare provider if you have or had kidney problems. In people who have kidney problems, diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration), which may cause kidney problems to get worse or kidney failure
- **Stomach problems** Tell your healthcare provider if you have severe stomach problems, such as slowed emptying of your stomach (gastroparesis) or problems digesting food. Other medicines like BYDUREON BCise may cause severe stomach problems. It is not known if BYDUREON BCise causes or worsens stomach problems
- **Low blood platelet count** BYDUREON BCise may cause the number of platelets in your blood to be reduced. When your platelet count is too low, your body cannot form blood clots. You could have serious bleeding that could lead to death. Stop using BYDUREON BCise and call your healthcare provider right away if you have unusual bleeding or bruising
- **Serious allergic reactions** Stop using BYDUREON BCise and get medical help right away if you have any symptoms of a serious allergic reaction, including itching, rash, or difficulty breathing
- **Injection-site reactions** Serious injection-site reactions, with or without bumps (nodules), have happened in some people who use BYDUREON BCise. Some of these injection-site reactions have required surgery. Call your healthcare provider if you have any symptoms of injection-site reactions, including severe pain, swelling, blisters, an open wound, or a dark scab
- **Gallbladder problems** have happened in some people who take BYDUREON or other medicines like it. Tell your healthcare provider right away if you get symptoms of gallbladder problems including pain in the right or middle upper stomach area, nausea and vomiting, fever, or your skin or the white part of your eyes turns yellow

The most common side effects with BYDUREON BCise may include a bump at the injection site and/or nausea. Nausea is most common when you first start using BYDUREON BCise, but decreases over time in most people as their body gets used to the medicine.

Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements, as taking them with BYDUREON BCise may affect how each medicine works.

Before using BYDUREON BCise, tell your healthcare provider if you are pregnant, nursing, or plan to become pregnant or nurse. BYDUREON BCise may harm your unborn baby.

APPROVED USES

- BYDUREON BCise is an injectable prescription medicine that may improve blood sugar (glucose) in adults with type 2 diabetes mellitus, and should be used along with diet and exercise
- BYDUREON BCise is not recommended as the first choice of medicine for treating diabetes
- BYDUREON BCise is not a substitute for insulin and is not for people with type 1 diabetes or people with diabetic ketoacidosis
- It is not known if BYDUREON BCise can be used with mealtime insulin
- Do not use BYDUREON, BYDUREON BCise, BYETTA or other medicines containing exenatide together
- It is not known if BYDUREON BCise can be used in people with a history of pancreatitis

Visit www.BYDUREONBCiseMedGuide.com for Medication Guide, www.BYDUREONBCise.com for Instructions for Use, and www.BYDUREONBCisePI.com for full Prescribing Information for BYDUREON BCise, including Boxed WARNING.

You may report side effects related to AstraZeneca products by clicking [here](#).

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